



International Scientific Conference

“NUTRITION IN PUBLIC HEALTH”

2024-05-16

PROGRAMME

11⁰⁰ – 12⁰⁰	Joining the conference	
12⁰⁰ – 12³⁰	Welcome speech	<i>Julius Dovydaitis</i> , Kauno kolegija Higher Education Institution, Faculty of Medicine, Dean <i>Povilas Beseckas</i> , Kauno kolegija Higher Education Institution, Head of Unit for International Relations
12¹⁰ – 12³⁰	The health benefits of whole food plant-based diet for chronic diseases prevention and management	<i>Lina Paulauskienė</i> , Lithuanian University of Health Sciences, Faculty of Public Health, Medical oncologist, Lifestyle medicine specialist <i>Vilma Kriaučionienė, PhD</i> , Lithuanian University of Health Sciences, Faculty of Public Health, Prof.
12³⁰ – 12⁵⁰	Effects of a sustainable diet on health	<i>Sandra Vaskelė</i> , Kauno kolegija Higher Education Institution, lector, LSMU Kaunas Hospital, dietitian. <i>Evelina Dailidaitė</i> , Kauno kolegija Higher Education Institution, Lector <i>Ingrida Viliušienė</i> Kauno kolegija Higher Education Institution, Lector
12⁵⁰ – 13¹⁰	Obesity as a nutrition-related public health problem	<i>Rūta Petereit, PhD</i> , Hospital of Lithuanian University of Health Sciences, Kauno kolegija Higher Education Institution, <i>Žaneta Maželienė</i> , Kauno kolegija Higher Education Institution, Lithuanian University of Health Sciences, Faculty of Veterinary Medicine, Lector <i>Evelina Dailidaitė</i> , Kauno kolegija Higher Education Institution, Lector
13¹⁰ – 13³⁰	Sarcopenia	<i>Ana Sofia Sousa, PhD</i> in Clinical Nutrition, Fernando Pessoa University, Faculty of Health Sciences, Portugal
13³⁰ – 13⁵⁰	Analysis of the nutritional composition of ready-to-use meat alternatives in Belgium	<i>Evelien Mertens, PhD</i> , Erasmushogeschool Brussel, Researcher, Dietitian
13⁵⁰ – 14¹⁰	Body image and nutrition	<i>Vaiva Balčiūnienė, PhD</i> , Kauno kolegija Higher Education Institution, Lithuanian Sports University, Lector
14¹⁰ – 15⁰⁰	Discussion. Conclusions	