

SURVIVAL GUIDE

for foreign students

Kaunas University of Applied Sciences

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Unit for International Relations



Pramonės pr. 22A-106, Kaunas



For exchange students: incoming@go.kauko.lt



For full-time students: admission@go.kauko.lt

ESN KK E-mail: kk@esnlithuania.org



About Kaunas University of Applied Sciences



Kaunas University of Applied Sciences is one of the major state professional higher education institutions in Lithuania. It was established on the 1st of September, 2000 after the binary higher education system consisting of two types of higher education provided by colleges and universities was introduced in Lithuania.



Success of Kaunas University of Applied Sciences is based on the partnership among students, teachers and employers in the process of training specialists who acquire higher education and practical skills within usually three years period. Close cooperation between Kaunas University of Applied Sciences and employers has a major impact on student employment in enterprises and other institutions.





International cooperation is one of Kaunas University of Applied Sciences priority areas. Participation in international networks and programmes ensures active implementation of provisions of the Bologna Process in academic and other activities. International cooperation aims for improving the quality of studies, applied research and ensures the compliance of Kaunas University of Applied Sciences graduates skills with continuously changing needs of international labor market.



The Kaunas University of Applied Sciences community cooperates with other education and research institutions, organizations and associated business structures. This cooperation is carried out according to the aims of the study process, needs of international labor market and the strategy of regional development.



Main facts and figures

Over **5000** students

Around 800 staff members

Students are taught across **4** faculties located in Kaunas City and a regional department in Tauragė Around **200** incoming students and over **350** outgoing students per year

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Over 250 foreign partners

Top positions are held in ratings of Lithuanian higher education institutions



Study programmes

In four faculties you can choose from 49 Professional Bachelor level study programmes in the areas of Agricultural Sciences, Arts, Health Sciences, Business and Public Administration, Computing, Education Sciences, Engineering Sciences, Humanities, Law, Social Sciences, Technological Sciences;

There are 5 double-degree programmes in General Nursing, Programme Systems, Logistics, International Business, Tourism and Hotel Management.

We offer 3 study programmes in English - Tourism and Hotel Management, International Business and English for Public Relations. One in Russian - Image Design.

Campus Map



How to reach Kaunas University of Applied Sciences

Pramonės pr. 22A, Kaunas

TRANSPORT SCHEDULES:



Bus and trolley schedules: www.trafi.lt Tickets: Ziogas (Get it on Google App Store / Apple store)



Intercity bus schedules: www.autobusubilietai.lt/en Tickets: Buy online or use app "Autobusų bilietai" (Get it on Google App Store / Apple store)



Train schedules: www.ltglink.lt/en Tickets: Buy online or at the train station

CAR / BIKE RENTAL APPS:

citybee

Bolt

TAXI APPS:





EMERGENCY HELP

THE EMERGENCY SERVICES PHONE NUMBER 112

Police • Emergency Medical Service • Fire and Rescue Service • Environmental Protection Service

How to reach Kaunas University of Applied Sciences

FROM VILNIUS AIRPORT



After your arrival at Vilnius International Airport, you should go to the bus or train station (Rodūnios kl. 10A, Vilnius)

(they are very close to each other).



Route: Vilniaus oro uostas \rightarrow Vilnius

BY TRAIN

Price: 0,70€



Route: buses No. 1 or No. 2 (direction: Stotis)

Bus stop: Time: ~ 20 min. Stotis

Time:

8 min.

Price:

1 € (with the student discount the price is $0,35 \in$)



Take a taxi using an app, it will be way cheaper as those standing at the airport have extra fees



BY CAR

Rent a car at the airport or use either a "CityBee" or "Bolt" app



Go to Kaunas by bus or by train, check the schedules online (it takes $\sim 1-1:30$ hours).

Go to Kaunas University of Applied Sciences (Pramonės pr. 22A, Kaunas), check the schedules online. * The best option: Route: trolleybus No. 16 (direction Partizany str. or Islandijos pl.) Bus stop: Kauno kolegija Time: ~ 20 min. Price: paying by cash 1 € (with the student discount the price is 0,50 €) paying with Ziogas $0,70 \in ($ with the student discount the price is $0,35 \in)$

How to reach Kaunas University of Applied Sciences

FROM VILNIUS AIRPORT



Go to Kaunas University of Applied Sciences (Pramonės pr. 22A, Kaunas), check the schedules online. * The best option:



BY BUS

OPTION No. 1

OPTION No. 2

Route: No. 29 (direction: Geležinkelio stotis)

> **Bus stop:** Murava

Time: ~ 10 min.

Price:

paying by cash 1 € (with the student discount the price is 0,50 €) paying with Žiogas 0,70 € (with the student discount the price is 0,35 €)

Then walk to Kaunas University of Applied Sciences on foot for ~ 15 min.

B

BY TAXI

Take a taxi using an app,

it will be way cheaper as those standing at the airport have extra fees **Route:** No. 29 (direction: Geležinkelio stotis)

Bus stop: PC "Savas" (cross to the other side of the road)

Time:

~ 10 min.

Price:

paying by cash 1 € (with the student discount the price is 0,50 €) paying with Žiogas 0,70 € (with the student discount the price is 0,35 €)

Then cross the street and take another bus:

Route: No. 6 or No. 41 (direction: Technikos str. or Kaniūkai)

> **Bus stop:** Kauno kolegija

> > **Time:** ~ 10 min.

Price:

paying by cash 1 € (with the student discount the price is 0,50 €) paying with Žiogas 0,70 € (with the student discount the price is 0,35 €)



Rent a car at the airport or use either a "CityBee" or "Bolt" app

How to reach Kaunas University of Applied Sciences

FROM KAUNAS TRAIN / BUS STATION



Go to Kaunas University of Applied Sciences (Pramonės pr. 22A, Kaunas), check the schedules online. * The best option:

Route: trolleybus No. 16 (direction Partizanų str. or Islandijos pl.)



Bus stop: Kauno kolegija

Time: ~ 20 min.

BY TROLLEYBUS

Price:

paying by cash $1 \in ($ with the student discount the price is 0,50 \in) paying with Ziogas 0,70 \in (with the student discount the price is 0,35 \in)



Take a taxi using an app, it will be way cheaper as those standing at the airport have extra fees



BY CAR

Rent a car at the airport or use either a "CityBee" or "Bolt" app

COMING BY CAR



If you decided to come to Lithuania by car, **don't forget your driver's license!** In Lithuania people must be 18 or over to drive a vehicle.



All foreign driving licenses are recognized; however, by law, you must have a document that has a picture of you

(if your driver's license does not have a photo we recommend carrying around a passport or ID card together with the driver's license).

Preparing in Advance

If You are going to be a full-time international student at Kaunas University of Applied Sciences, check all the following steps:



Choose the study programme.

Register in our online application system: apply.kaunokolegija.lt/



Upload all documents to the platform that are required.

Receive the invoice for the application fee (120 \in) and pay it. After proceeding with the payment, upload its proof of it to the application system.



After the application fee is received, KUAS will proceed with qualification recognition following Centre for Quality Assessment in Higher Education recommendations.



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Get the admission confirmation.



Apply for a visa. You will be provided with the mediation letter.

Plan your arrival to Lithuania.



Important dates and deadlines: Application for the Autumn semester:

June 1st for applicants from non-EU/EEA countries and until July 1st for applicants from EU countries and non-EU/EEA countries with Lithuanian embassies.

Autumn semester starts 1st of September.

If You are going to be an exchange student, check out these steps:

Make sure you were nominated by your home university.

Contact the International Coordinator of the faculty you are arriving to regarding the study subjects

Go to www.erasmus-dashboard.eu/account/login

Create your profile: name, surname; study programme; studies; stage of mobility: preparing for mobility.



Send the following documents to incoming@go.kauko.lt: Transcript of Records; proof of English language proficiency (recommended level B2).

Wait for the response about your acceptance.

Application dates and deadlines:

Deadlines for exchange students nomination (only for studies): Deadlines for the application for full-time studies:

Autumn semester: 1st of June

Deadlines for the application for traineeships:

No deadline. Application open all year round.

Beginning of the semester:

Autumn semester: 1st of September

Spring semester: 1st of February

Autumn semester: 15th of May

Spring semester: 15th of November

Upon Arrival

Accommodation

As soon as you arrive you should pay the deposit of 120 \in and the rent for the first month.

Unit for International Relations

The first working day after your arrival you should register at the Unit of International Relations (Pramones pr. 22A, room 106).

Lithuanian SIM card and internet

You should receive a Lithuanian SIM card from your mentor. After that, you can activate your internet in the dorm by using that SIM card. You can pay for the internet via e-bank or in cash in terminal "Perlas". "Perlas" is a terminal service where you can pay your taxes, take out money from your debit/credit card, get insurance, pay fines. They are usually located in all grocery stores and gas stations.

ISIC

ISIC is an international student identity card. After the Incoming Mobility Coordinator sends the confirmation letter to "ZigZag Travel" (E. Ožeškienės str. 27, Kaunas), you can go there and get your ISIC or you can choose to take your ISIC card from the Incoming Mobility Coordinator.

Public transportation card

Public transportation card can be integrated into your ISIC card. If it is not included to your ISIC, you can buy a card valid in Kaunas called "Žiogas". You can buy a card or you can use the app. In Lithuania, students have a 50 % discount for public transport (you must have your ISIC to prove eligibility for this discount).

Meeting the International Coordinator of your faculty

Meet the International Coordinator of your faculty for all the necessary information.

Faculty of Arts and Education (A. Mackevičiaus str. 27, room 206; Pramonės pr. 20, room 1-41);

Faculty of Business (Pramonės pr. 20, room 4-21);

Faculty of Medicine (K. Petrausko str. 15, room 312);

Faculty of Technologies (Pramones pr. 22, room 2-27).











Upon Arrival



Check your migration responsibilities

All non-EU citizens must have a valid visa to stay in Lithuania. If you have any questions regarding migration responsibilities, contact the Admission Coordinator (Unit for International Relations, Pramones pr. 22A, room 106).



Insurance

Before the mobility, students are required to get travel insurance covering the costs for healthcare, medical treatment, lost personal belongings, return flight etc. For EU citizens it is also recommended to get the European Health Insurance Card.

Enjoy your stay and have fun!

If you have any questions, you are more than welcome to contact your mentor.





Apps and tools for the study process

Moodle

It is a virtual learning environment where all the study material from your chosen study programme at Kaunas University of Applied Sciences is available. In this system, you can also find several assessments, evaluations or feedback from lecturers on the work you've submitted.

Liemsis

It is a study management system for the formal evaluation of each of the study subjects you've taken, applying the 10-point grading scale. At the end of each semester, students complete a quality assessment of their study subjects in this system: the feedback is used for focusing on areas that require improvement.

Mail system @go.kauko.lt

It is an individual Gmail account for receiving important information about study process, lectures, evaluations, organizational things, and keeping in touch with the academic community.

The KUAS Library Account

After logging in using Kaunas University of Applied Sciences e-mail name (till @) and the password, there is a possibility to find and order books from library e-catalogue, have a look at e-resources from databases required for writing research papers.





GET INVOLVED: Extracurricular Activities

Outside sports court for beach volleyball, basketball, football, gymnastics, running etc. Gyms for aerobics, basketball, football, table tennis, volleyball etc.

(Pramonės pr. Campus)

(Pramonės pr. 20, Pramonės pr. 22)

Body design studio for balltraining, crosstraining, yoga, step interval etc.

Active movement studio for dances, X-fit, wall climbing, weight lifting etc.

(Pramonės pr. 22)

(Pramonės pr. 22)

If you are interested in any of the sports activities, please inform Mrs. Laura Mekšriūnienė, Head of the Sports Centre:

> Pramonės pr. 22, room 1-29, e-mail: laura.meksriuniene@go.kauko.lt or phone: +370 673 24 122

Leisure Time

Choir



In 2009, the joint Kaunas University of Applied Sciences and Gruodis Conservatory Choir started its activities under the direction of Raimonda Navickiene: the performances include modern music of gospel, jazz and other styles as well as classical and Lithuanian folk songs.

Rehearsals are organized at Gruodis Conservatory, J. Gruodžio St. 6, room 306, on Mondays and Thursdays from 6:15 p. m. to 8:15 p. m.

If you are interested in joining the choir, please contact Raimonda Navickienė, Head of the Choir:

+370 682 26 374

Folk Dance Group "KauKas"

The Kaunas University of Applied Sciences Folk Dance Group was formed in November of 2012: enjoyable activities and gatherings are organized up to this time.

Rehearsals are organized at Multipurpose Hall, Pramones Av. 22, on Mondays and Wednesdays, from 7 p. m. to 9 p. m.

Contacts for more information:

+370 612 60 565

"RoboClub"

Automation enthusiasts of the Faculty of Technologies established a "RoboClub", which combines technologies, programming and creation: the members of the Club construct various types of small robots, get acquainted with the electronic processes, become familiar with the programming principles.

Robot enthusiasts are invited to visit the Process Control Laboratory (Pramonės Av. 20, Room 317) on weekdays from 8 a. m. to 4 p. m., and join the "RoboClub" activities.



Health and Wellbeing

Health Care

In order to get any medical treatment or consultation students need to book an appointment first. You can do that by calling the selected Health Care Institution (HCI) or going directly to it. Please be aware that during the visit at the clinic you have to present your Health Insurance document together with an identification card or passport.

The doctor has the right to charge your visit if you do not have European Health Insurance Card (EHIC). Make sure you get a medical extract or doctor's explanation form (list of the health care services received) in such case. Remember: only the costs of necessary medical care are reimbursed at your home country in case you have to pay for the treatment.

Kaunas University of Applied Sciences does not provide health insurance, so students from non-EU/EFTA countries are required to get private Health Insurance from their countries prior coming to Lithuania.



Health and Wellbeing



Psychological Help

Kaunas University of Applied Sciences provides psychological help for students who experience difficulties related to studies or personal life. Every student is welcome to consult when feeling anxious, lonely, encountering difficulties, affected by personal problems, having lack of motivation or issues.

In need of information or to register for counselling, contact psychologist.

Marina Guptor

marina.guptor@go.kauko.lt



Interesting Facts about Kaunas

1. Laisvės alėja (pedestrian street in the centre of Kaunas, built in 1847) is one of the longest pedestrian streets in Europe. Its length is exactly 1 mile or 1,6 km in metric standards and its directions point to East and West.

2. Kaunas' coat of arms is the oldest known symbol in the entire history of the Grand Duchy of Lithuania. First seen around the 15th century.

3. Kaunas is the symbol of Lithuanian ethnicity. Not so long ago, in 1897, natives in Kaunas made up only 4-6 % of the city's entire population. In 1923, around 58 % (over 50 000 Lithuanians). Now the numbers are around 92 %.

4. At the end of the 19th century, the Russian TSAR government decided to make Kaunas a fortress by building 13 forts. Only 9 were built, but during WWI, the fortress collapsed after 11 days. During WWII, Nazi Germans used these forts for committing holocaust crimes.

5. Kaunas has two of the oldest functioning funicular railways in Europe working since 1931 and 1935.

6. Kaunas still has the oldest modern age sports venue in Europe, Kaunas Sports Hall. It was built in 6 months in 1939 for the European basketball tournament and was the most modern venue in Europe. Even though it does not meet any new European requirements, basketball games are still being played there from time to time.

7. The oldest Zoo in Lithuania is located in Kaunas, which opened in 1938.

8. Kaunas has the only brick-built mosque in Lithuania built in inner-war times. It was initiated by the Kaunas Tatar community. It's still functioning nowadays.

9. Kaunas has the only Devils' museum in the entire world with over 3000 exhibits.

10. Kaunas city is always trying to be unique and eco-friendly when we talk about Christmas. In 2011 Kaunas' main Christmas tree was made by using only recycled bottles.

11. Kaunas city has the biggest oak tree park (Ąžuolynas) in Europe, located near the city centre.

12. One of the symbols of the city centre, the St. Michael the Archangel's Church (among locals better known as Soboras), was considered to be torn apart during the inner-war times because of politicians thinking that the church reminds of the imperial past, "slavery memories" and "being descendent of Russian art". No compromise was reached with the demolition, so Soboras was left to stand as it is



Thank you for choosing KAUNAS UNIVERSITY OF APPLIED SCIENCES!

